## THE TOP 10 11 MISTAKES WIDOWS MAKE

A Report By Mary Francis

This report is for widows and its purpose is to save you from making mistakes that other widows have made. It will support and encourage you on your grief journey. At this moment in time you hold in your hands a report that represents an awesome force.

Our objective is to transform these printed words into tools with which to fashion a new life, with new goals and with a new resolve to become whatever you wish to be.

Whatever has driven you to this point, it would appear that you are in search of answers. You are one of those fortunate widows who has reached the part of her grieving journey where she is ready to start her healing.

Wherever life finds you at this moment, I appeal to you for your undivided attention and a promise to take action towards a life of your choice.

As you look around your world for answers to your future, always be in search of those **few** things that make the **most** difference.



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## The Top Twelve Mistakes Widows Make



This is a simple story: I became a widow at fifty, and my life changed in ways that are not easy to explain, even to myself. We all invent ourselves, more or less consciously, out of what we are and what we want to be.

We dream about where we wish our lives to take us, and then our husbands die and all our plans change.

I like to think that I give life my "all", but in the past I've denied myself this pleasure, so intent was I on fitting in. It seemed easier to hide my true feelings and anything else that made me look bad. I was unaware at the time, just how insidious secrets are, how they undermined my confidence and joy.

You see, if you start out thinking there is something you need to hide, you end up feeling it's something you should be ashamed of. Never hide your grief, your tears or stop talking about your loved ones and your memories. It may be human to try to rush your grief, but it's strange, isn't it, to deny who you are?

I'm writing today about the disjunction between appearance and reality, between what widow's say and what they mean, what they show to the world and what's going on underneath. As widows it's important to understand our pain. Show yourself, give others permission to know you by dropping that layer of reserve and self-protection.

Becoming a widow was the most terrible thing that ever happened to me. Besides being heartbroken, I also had no idea what to expect or how to deal with certain problems that arose. I'm here to help explain the major mistakes that we widows make along the way.

Get this 34 page bonus report with the bundle and avoid the mistakes that we widows make.